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CONSUMPTION CAUSED BY HABIT OF SPIKING

Consumption is a disease of the lungs, which is taken from others, and is not simply caused by colds, although a cold may make it easier to take the disease. It is caused by very minute germs, which usually enter the body with the air breathed. The matter which consumptives cough or spit up contains these germs in great numbers—frequently millions are discharged in a single day. This matter, spit upon the floor, wall or elsewhere, dries and is apt to become powdered and float in the air as dust. The dust contains the germs, and thus they enter the body with the air breathed. This dust is especially likely to be dangerous within doors. The breath of a consumptive, except when he is coughing or sneezing, does not contain the germs and will not produce the disease. A well person catches the disease from a consumptive only by in some way taking in the matter coughed up by the consumptive.

Consumption can often be cured if its nature be recognized early and if proper means be taken for its treatment. In a majority of cases it is not a fatal disease.

It is not dangerous to live with a consumptive, if the matter coughed up by him be promptly destroyed. This matter should not be spit upon the floor, carpet, stove, wall or sidewalk, but always, if possible, in a cup kept for that purpose. The cup should contain water so that the matter will not dry, or better, carbolic acid in a five per cent. watery solution (six teaspoonfuls in a pint of water). This solution kills the germs. The cup should be emptied into the water closet at least twice a day, and carefully washed with boiling water.

Great care should be taken by consumptives to prevent their hands, face and clothing from becoming soiled with matter coughed up. If they do become thus soiled, they should be at once washed with soap and hot water. Men with consumption should wear no beards at all, or only closely cut mustaches. When consumptives are away from home, the matter coughed up should be received in a pocket flask made for this purpose. If cloths must be used, they should be immediately burned on returning home. If handkerchiefs be used (worthless cloths, which can be at once burned, are far better), they should be boiled at least half an hour in water by themselves before being washed. When coughing or sneezing small particles of spittle containing germs are expelled, so that consumptives should always hold a handkerchief or cloth before the mouth during these acts; otherwise the use of cloths and handkerchiefs to receive the matter coughed up should be avoided as much as possible, because it readily dries on these, and becomes separated and scattered into the air. Hence

when possible, the matter should be received into cups or flasks. Paper cups are better than ordinary cups, as the former with their contents may be burned after being used. A pocket flask of glass, metal, or pasteboard is also a most convenient receptacle to spit in when away from home. Cheap and convenient forms of flasks and cups may be purchased at many drug stores. Patients too weak to use a cup should use moist rags, which should at once be burned. If cloths are used they should not be carried loose in the pocket but in a water-proof receptacle (tobacco pouch), which should be frequently boiled. A consumptive should never swallow his expectoration.

A consumptive should have his own bed, and, if possible, his own room. The room should always have an abundance of fresh air—the window should be open day and night. The patient's soiled wash-clothes and bed linen should be handled as little as possible when dry, but should be placed in water until ready for washing.

Rooms should be cleansed daily, but in order to prevent the raising of dust, all floors must be well sprinkled before sweeping and all dusting, etc., done with damp cloths.

If the matter coughed up be rendered harmless, a consumptive may frequently not only do his usual work without giving the disease to others, but may also thus improve his own condition and increase his chances of getting well.

Whenever a person is thought to be suffering from consumption and

has no physician, the Department of Health should be notified and a physician will call and examine the person to see if he has consumption, and then, if necessary, will give proper directions as to treatment.

Rooms which have been occupied by consumptives should be thoroughly cleaned, scrubbed, and whitewashed, painted or papered before they are again occupied. Carpets, rugs, bedding, etc., from rooms which have been occupied by consumptives, should be disinfected. Such articles, if the Department of Health be notified, will be sent for, disinfected and returned to the owner free of charge, or, if he so desire, they will be destroyed.

WHEN CONSUMPTIVES MOVE THEY SHOULD NOTIFY THE DEPARTMENT OF HEALTH

Consumptives are warned against the many widely advertised cures, specific and special methods of treatment of consumption. No cure can be expected from any kind of medicine or method except the regularly accepted treatment, which depends upon pure air, an out door life and nourishing food.

MRS. L. L. WELLMAN.

Mrs. L. L. Wellman died at her home on Howry avenue Tuesday night, after a long illness from bright's disease. Funeral services were held at 2 p. m. on Wednesday and the body taken to her former home in Savannah for burial. The remains were accompanied by her husband, Mr. L. L. Wellman, their two little children, her mother, who has been with her since her illness, and her brother, who arrived on the train about a half hour before the funeral.

Mr. Wellman and family have the sympathy of the entire community in the sad loss of wife and mother.

EARLE A LUNATIC.

SO SAYS HIS AFFINITY IN HER DIVORCE COMPLAINT. Middletown, N. Y., March 27.—Ferdinand Pinney Earle, today denied he was a lunatic as charged in the divorce complaint of his soul mate affinity wife, filed yesterday, and he is prepared to fight the divorce action. Mrs. Earle and baby are with Mr. Earle's mother in New York. Earle is at his "Castle" at Monroe, N. Y. His affinity wife asks for a divorce on the grounds that Earle was not legally divorced when he married her, that he was a lunatic then and is a lunatic yet.



A STREET SCENE IN DeLAND.

VESPER SERVICE.

President Hulley will deliver his last Vesper address next Sunday. The day will be Palm Sunday. It is expected that the platform will be appropriately decorated for the occasion. The subject will be chosen with reference to the significance of this great church festival. The Vesper Committee cordially invites all to attend.

The address last Sunday was delivered by Dr. McKeever, whom President Hulley introduced as a graduate of Brown University, and Pastor of the Baptist Church at New London, Conn. Dr. McKeever delivered a very appropriate address, and Dr. Hulley conducted the exercises.

Easter Sunday vespers will be a musical vesper, and will be the last vesper of the year. There will be no address that day. Next Sunday is the last Sunday on which an address will be given.

The tourists and friends and citizens are all cordially invited to attend next Sunday's Vesper. Miss Lena Conkling will sing the Palms, and the Vesper Choir will sing "I am a Pilgrim, and I am a stranger."

Some people are so intent on defending their "doxies" that they forget to practice their precepts.

ALEC MANNING DEAD.

Alec Manning is no more. He died Friday afternoon. He was taken sick down town, and was carried into a boarding house, where he died soon after. Before dying he alleged that his wife had poisoned him, making the statement in the presence of several witnesses. Funeral services were held Sunday and the body of the poor old man—old before his time—laid to rest.

The officers were not inclined to believe his story of having been poisoned, but as a precautionary measure had the stomach removed and have sent it to the State chemist at Tallahassee for investigation.

Born in sin and raised in iniquity, despised by his fellow-man, the victim of disease, Manning never had a square deal. He was bright, intelligent, well-educated, honest—but he never had an opportunity. If ever there was a case of the sins of the parents being visited upon the children, poor old Alec Manning got all that was coming to him. May his ashes rest in peace.

The man who stands up to demand protection for dollars can always get a hearing; the man who asks for protection for human beings has to hunt for an audience.



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